

# Maia International Acro Cup 2010



**Maia, Portugal – 3<sup>rd</sup> to 7<sup>th</sup> March 2010**

<http://www.acroteam.org/miac10>



ACRO CLUBE DA MAIA



FPTDA



maia  
CÂMARA MUNICIPAL

# **1. General Information**

Acro Clube da Maia and the Maia City Hall, with the support of the Portuguese Federation of Trampoline and Sports Acrobatics, are pleased to organize the

## **4<sup>th</sup> Maia International Acro Cup**

This Tournament will take place in the city of Maia between the 3<sup>rd</sup> and the 7<sup>th</sup> of March 2010 – as always, in the first complete week of March.

The **Maia International Acro Cup** is opened for National / Regional Teams, as well for Club Teams.

There will be also a Team Competition for Age Groups, Juniors and Seniors. The Team classification is defined by the sum of the marks of 3 pairs or groups (no matter if they are repeated; example: 3 Mix Pairs or 2 Men Four and 1 Women Pair).

This competition is being prepared in accordance with the FIG regulations and rules and subsequent decisions of the FIG Executive Committee and Sports Acrobatics Commission.

There will be two parallel competitions (and therefore two different final classifications). One according to the **FIG Age Rules** and another with the following age groups:

**AGE GROUP:** minimum 9 years old – maximum 16 years old *(with a maximal difference of 7 years between partners)*

**JUNIORS:** minimum 11 years old – maximum 19 years old *(with a maximal difference of 7 years between partners)*

**SENIORS:** minimum 12 years old

## **2. Provisional Schedule**

Wednesday, 3 <sup>rd</sup> March	All day 14:00 – 20:00	Delegations arrival Free Training
Thursday, 4 <sup>th</sup> March	All day 10:00 – 12:00 14:00 – 20:00 20:30	Delegations arrival Sightseeing Tour – Tourist Visit Podium Training (music) Orientation meeting
Friday, 5 <sup>th</sup> March	09:00 – 09:50 10:00 – 13:30 12:00 – 14: 00 14:00 – 14:50 15:00 – 19:30 18:00 – 20:00 20:00 – 20:50 21:00 – 23:00	Warm-up Qualifications 1 <sup>st</sup> exercise Lunch Warm Up Qualifications 1 <sup>st</sup> exercise Dinner Warm Up Qualifications 1 <sup>st</sup> exercise
Saturday, 6 <sup>th</sup> March	09:00 – 09:50 10:00 – 13:30 12:00 – 14: 00 14:00 – 14:50 15:00 – 19:30 18:00 – 20:00 20:00 – 20:50 21:00 – 23:00	Warm-up Qualifications 2 <sup>nd</sup> exercise Lunch Warm Up Qualifications 2 <sup>nd</sup> exercise Dinner Warm Up Qualifications 2 <sup>nd</sup> exercise
Sunday, 7 <sup>th</sup> March	10:00 – 12:00 12:00 – 14: 00 14:00 – 14:50 15:00 – 18:00 18:00 – 18:30 18:30 – 19:00 20:30	Free Training Lunch Warm Up Finals Award Ceremony Winner's Gala Dinner & Farewell Party
Monday, 8 <sup>th</sup> March		Departure of all delegations

## **3. Competition Venue**

COMPLEXO MUNICIPAL DE GINÁSTICA DA MAIA  
Rua Altino Coelho  
4470 – 233 Vermoim - MAIA  
PORTUGAL

Info: [www.acroteam.org](http://www.acroteam.org) or [www.acroteam.org/miac10](http://www.acroteam.org/miac10)

Email: [acm@acroteam.org](mailto:acm@acroteam.org) / [lourencofranca@sapo.pt](mailto:lourencofranca@sapo.pt)

## **4. Delegation Size**

Each delegation may include:

- 1 Head of delegation
- 1 Team Manager
- 4 Coaches
- 1 Doctor
- 1 Physiotherapist
- At least 1 judge is obligatory – **180€ penalty fee**
- Unlimited acrobatic pairs / groups

## **5. Competition Programme**

Qualifications and Finals in all 5 categories

Qualifications: 1 Balance and 1 Tempo exercise

Finals: top six or top eight or top twelve of qualifications, depending on the amount of pairs/groups per category (1 to 8 – 6 finalists; 9 to 16 – 8 finalists; more than 16 – 12 finalists)

**Juniors and Seniors** – Final – Combined

*(Wins who ranks higher in the sum Balance+Tempo+Combined)*

**Age Group** – Choice between Balance or Tempo exercise

*(Final / Age Group Stats from zero)*

## **6. Technical Rules**

All the following FIG rules considered as valid in 2010:

Technical Regulations

New Code of Points (2009 – 2012)

SAWAGG Rules (latest version)

FIG Apparatus Norms

## **7. Drawing of Lots**

The drawing for the starting order will be made in advance, under the control of the Competition Manager and Organizer Committee members.  
It will take place on the 23<sup>th</sup> February 2010.

## **8. Equipment**

**GYMNOVA Floor** (light yellow with red boundaries) – Competition Hall  
**SPIETH Floor** – Training Hall

## **9. Deadlines for Entries and Finance Obligations**

Provisional entry: by 21<sup>st</sup> December 2009 (NO PAYMENTS)

Definitive entry: by 18<sup>th</sup> January 2010 (**30% ACCOMODATION + ENTRY FEE**)

Nominative entry: by 22<sup>nd</sup> February 2010 (NO PAYMENTS)

**THE REMAINING PAYMENT MUST BE MADE ON ACCREDITATION**

### **Bank info:**

**Bank : CREDITO AGRICOLA**  
**IBAN : PT50 0045 1441 4021 5021 5378 3**  
**NIB : 0045 1441 40215021537 83**  
**BIC/SWIFT: CCCMPTPL**

- The delegations are responsible for covering their travel expenses, accommodation, meals and entry fee.
- The entry fee is not refundable.
- The accommodations are refundable if cancellations are made until the 12<sup>th</sup> February 2010.
- Late entries (after 18<sup>th</sup> January) will be charged with more 20% on the accommodation.

## **10. Entry Fee**

30 € per gymnast

## **11. Accommodation / Meals / Transports**

### **CLASS A Hotel**

Single room / Full board	110 Euro / night / person
Double room / Full board	90 Euro / night / person
Triple room / Full board	80 Euro / night / person

### **CLASS B Hotel**

Double room / Full board	80 Euro / night / person
Triple room / Full board	70 Euro / night / person

### **CLASS C Hotel**

Standard Double room / Full board	65 Euro / night / person
Standard Triple room / Full board	60 Euro / night / person

**Full board** is included in accommodation packages booked through the OC. Breakfast will be served at the hotel. Lunch and dinner will be served close to the Competition Venue.

The Head of Delegation will receive meal tickets upon arrival at accreditation.  
**NO TICKET — NO MEALS!!!**  
**NO ACCREDITATION — NO MEALS!!!**

Transfers by bus to and from the **Porto airport** to the official hotel, as well as from the official hotel to the training and competition hall, will be provided to delegations who booked their accommodation through the Organizing Committee.

## **12. Visa**

If you need an official invitation to obtain a visa to travel to Portugal, please contact the OC as soon as possible.

## **13. Insurance**

All delegations are responsible for ensuring the appropriate coverage against accidents and illness. The OC will verify the certificates of insurance of all delegation members upon arrival at accreditation. All accredited persons who cannot provide proof of adequate insurance coverage will not be allowed to compete.

## **14. Medical Services**

A physiotherapist and Red Cross personnel will be present during competitions. A physiotherapist will be present during all training sessions.

## **15. Media & Media Conferences**

Media representatives (journalists, photographers, TV) must request a special accreditation from the OC. Please contact the OC as soon as possible. The media will be assigned special seating and working conditions.

## **16. Accreditation**

COMPLEXO MUNICIPAL DE GINÁSTICA DA MAIA – OC OFFICE

Wednesday, 3<sup>rd</sup> March 2010 from 12:00 – 22:00

Thursday, 4<sup>th</sup> March 2010 from 12:00 – 22:00

The accreditation system identifies individuals participating in the competition and ensures controlled access to each area. All participants and officials are required to wear accreditation cards at all times.

At accreditation, the Head of Delegation must check the correct names of their complete delegation, verify accommodation requirements, make the necessary payments (including insurance, if necessary) and hand in the music CDs of the competitors. They also have to present the passports of all competitors and judges for control of nationality and age. The definitive competition schedule will be given to the Head of Delegation.

The accreditation is personal, non-transferable and compulsory to control access to training and competition hall, functions, official transport, lunches and dinners.

**Without your accreditation card, you cannot pass the security control and you cannot participate in lunches, dinners, etc. So, if you lose your accreditation card, you will have to buy a new one for the price of 125 Euro.**

Additional accreditations can be requested. The price of 150 Euro per extra accreditation includes lunch and dinner (Wednesday to Sunday), free entry to competition, training and Farewell Party.

The **pictorial declarations** must be with the Organizing Comite until the 26<sup>th</sup> of February.

You can send them:

via fax: +351 229 410 731

via e-mail: [lourencofranca@sapo.pt](mailto:lourencofranca@sapo.pt)

## **17. Orientation Meeting**

The orientation meeting will take place on Thursday 4<sup>th</sup> of March on the City Hall. This meeting is for Head of Delegation, Team managers, Judges and Coaches. Each head of delegation will receive the official competition plan.

## **18. Opening Ceremony**

2 gymnasts and 1 coach will be requested to participate in the Opening Ceremony on Saturday, 6<sup>th</sup> March. The National or Team tracksuit must be worn.

## **19. Medal Award Ceremonies**

All finalists are requested to participate in Medal Award Ceremonies. They are requested to appear in competition attire. **Top 3** will receive medals and the rest of the finalists will receive participation diplomas.

There will be a Team Competition (Age Group, Junior and Senior).

There will be a **PRIZE MONEY** for the **Senior Competition** as following:

1<sup>st</sup> place – 150 USD (for each partner of the Pair/Group)

2<sup>nd</sup> place – 100 USD (for each partner of the Pair/Group)

3<sup>rd</sup> place – 70 USD (for each partner of the Pair/Group)

A **Special Prize Money Award** will be given to the best Balance and Tempo routines (sum of the Balance and Tempo overall marks): 200 USD (for the Pair/Group).

Also a **Special Prize Money Award** will be given to the higher difficulty in Competition: 200 USD (for the Pair/Group).

## **20. Farewell Party**

A farewell party will be organized and will be followed by disco and dance.

All delegations that have booked their accommodation with the OC are invited to participate without additional payment.

Extra tickets will be available at the OC office at 25 Euro per person. Requests for extra tickets must be made, at the very latest, by Sunday morning (7<sup>th</sup> of March).

## **21. Additional Information**

All further information concerning the detailed program will be given with the official work plan, in February 2010.

MIAC'10 NewsFlash will be sent by email and put online on the Official website in all major updates.

### **Additional payments:**

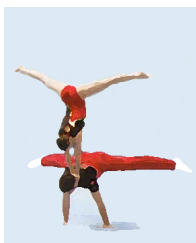
***No judge on delegation: 180 Euro***

***Entries after 18<sup>th</sup> January 2010: + 20% (accommodation)***

***If you book outside the accommodations of the OC:***

***Accreditation will be: entry fee + 80 Euro/person***

***Meals: 15 Euro/meal/person***



## MAIA INTERNATIONAL ACRO CUP 2010

3-7 OF MARCH 2010

### **PROVISIONAL ENTRY** (21<sup>st</sup> December 2009)

CLUB / FEDERATION

HEAD DELEGATION

ADRESS

POSTAL CODE

CITY / TOWN

COUNTRY

PHONE  MOBILE

FAX  EMAIL

#### DELEGATION (NUMBER OF MEMBERS)

	AGE GROUP	JUNIOR	SENIOR
W2			
MX2			
M2			
W3			
M4			
<b>TOTAL</b>			
Head Delegation			
Team Manager			
Coaches			
Judge			
Doctor			
Physiotherapist			
OTHER (SPECIFY)			

Signature and Seal

DATE 2009/ \_\_\_\_ / \_\_\_\_

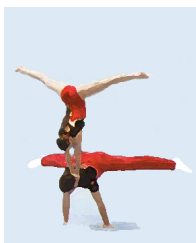
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Please send this form to: + 351 229 410 731 or

[lourencofranca@sapo.pt](mailto:lourencofranca@sapo.pt) (preferable)

**DEADLINE FOR PROVISIONAL ENTRY**

**21<sup>st</sup> DECEMBER 2009**



## MAIA INTERNATIONAL ACRO CUP 2010

3-7 OF MARCH 2010

### **DEFINITIVE ENTRY** (18<sup>th</sup> January 2010)

CLUB / FEDERATION

HEAD DELEGATION

ADDRESS

POSTAL CODE

CITY / TOWN

COUNTRY

TELEPHONE  MOBILE

FAX  EMAIL

#### DELEGATION (NUMBER OF MEMBERS)

	AGE GROUP	JUNIOR	SENIOR
W2			
MX2			
M2			
W3			
M4			
<b>TOTAL</b>			
Head Delegation			
Team Manager			
Coaches			
Judge			
Doctor			
Physiotherapist			
OTHER (SPECIFY)			

#### ENTRY FEE:

NUMBER OF GYMNASTS \_\_\_\_\_ X 30 EURO = \_\_\_\_\_

#### ARRIVING IN PORTUGAL

PLANE (OPORTO AIRPORT) \_\_\_\_\_ BUS \_\_\_\_\_ TRAIN \_\_\_\_\_

**DEFINITIVE ENTRY** (18<sup>th</sup> January 2010) **(cont.)**

ACCOMODATION

CLASS A

ROOM TYPE	FULL BOARD	NUMBER	NIGHTS	TOTAL
Single room	100 euro	x 100 euro	x	euro
Double room	90 euro	x 90 euro	x	euro
Triple room	80 euro	x 80 euro	x	euro

CLASS B

ROOM TYPE	FULL BOARD	NUMBER	NIGHTS	TOTAL
Superior double room	80 euro	x 80 euro	x	euro
Superior triple room	70 euro	x 70 euro	x	euro

CLASS C

ROOM TYPE	FULL BOARD	NUMBER	NIGHTS	TOTAL
Double room	65 euro	x 65 euro	x	euro
Triple room	60 euro	x 60 euro	x	euro

Please send this form to: + 351 229 410 731 or

[lourencofranca@sapo.pt](mailto:lourencofranca@sapo.pt) (preferable)

**DEADLINE FOR DEFINITIVE ENTRY**

**18<sup>th</sup> JANUARY 2010**

**30% PAYMENT OF THE ACCOMODATION**

**BANK INFORMATION FOR TRANSFER**

**Bank: CREDITO AGRICOLA**

**IBAN: PT50 0045 1441 4021 5021 5378 3**

**NIB: 0045 1441 40215021537 83**

**BIC/SWIFT: CCCMPTPL**

**DEFINITIVE ENTRY** (18<sup>th</sup> January 2010) **(cont.)**

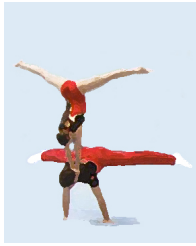
CLUB / FEDERATION

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Signature and Seal

DATE \_\_\_\_ / \_\_\_\_ / \_\_\_\_

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## MAIA INTERNATIONAL ACRO CUP 2010

3-7 OF MARCH 2010

### **NOMINATIVE ENTRY** (22<sup>nd</sup> February 2010)

CLUB / FEDERATION

ADDRESS

POSTAL CODE

CITY / TOWN

COUNTRY

TELEPHONE  MOBILE

FAX  EMAIL

HEAD DELEGATION

TEAM MANAGER

COACH (I)

COACH (II)

COACH (III)

JUDGE (I)

JUDGE (II)

DOCTOR

PHYSIOTHERAPIST

TRAVEL	DATE	TIME	FLIGHT	TRAIN	PRIVATE
<u>ARRIVAL</u>					
<u>DEPARTURE</u>					





